

Trust NEWS

*Season's greetings to everyone
and best wishes for 2008*

Christmas Cheer Awards

The ever popular Christmas Cheer Awards are back – this is your chance to celebrate the contribution of an individual member of staff to Chelsea and Westminster by nominating them for an award.

By nominating a colleague, you can publicly thank them for their contribution to the life of the Trust and patient care.

These annual awards aim to recognise Trust, ISS Mediclean, Haden, other contracted staff and volunteers who bring a cheerful, positive attitude to their work.

Last year's Christmas Cheer Awards were the most successful ever – a record 230 nominations were received and 47 winners were chosen.

This year we are again seeking to recognise staff who embody the values of You Are The Difference, the Trust customer service training programme, and who exemplify Chelsea and Westminster's achievement of being assessed as an Excellent hospital by the Healthcare Commission in their recent



■ *Last year's Christmas Cheer Awards winners – nominate a colleague and they could win an award this year*

NHS annual performance ratings.

The deadline for nominations is Wednesday December 12 and these will be judged by Catherine Mooney, Director of Governance and Corporate Affairs, and Occupational Therapist Sue Pedlar who is a Staffside Representative.

Chief Executive, Heather Lawrence will hand out awards and prizes at a special ceremony at 3pm on Tuesday December 18 in the Academic Atrium.

A nomination form is

included on page 12 of this month's *Trust News* – forms are also available to print off from the intranet.

We are also running the Best Decorated Ward competition – cash prizes of £100, £75 and £50 are on offer to the best decorated wards, departments or units thanks to generous funding from the Friends of the Chelsea and Westminster Hospital.

The deadline for entries is Friday December 14 and a panel of judges including Deputy Chief Executive,

Amanda Pritchard will be visiting areas from 9.30am on Tuesday December 18.

An entry form is included on page 13 of this month's *Trust News* – forms are also available to print off from the intranet.

Don't miss out on all the festive events taking place in and around the hospital this month – see the back page for this year's Christmas programme.

- *Trust News* takes a break in January - the first edition of 2008 will be published in the first week of February.

Heather's view

by the Chief Executive, Heather Lawrence

2007 has been another busy but successful year in the life of Chelsea and Westminster. I would like to thank all staff for your hard work in the last 12 months.

You ensured that the Healthcare Commission rated the quality of care we provide to our patients as 'Excellent' and I am delighted that the Trust Board decided to thank you by making a one-off payment of £100 to every member of staff.

The Trust Board recognises this achievement was only made possible by your efforts and so they wanted to give a tangible reward to all staff.

Your collective enthusiasm and professionalism make it a pleasure to work at Chelsea and Westminster – I know that there have been major challenges this year, and there will be many more in the next 12 months, but I am confident that together we can meet those challenges.



I hope you will join me in supporting this year's Christmas Cheer Awards which are always a highlight of the festive season at Chelsea and Westminster.

These annual awards aim to recognise staff and volunteers who bring a cheerful and positive attitude to their work. This year we are particularly seeking to recognise staff who embody our Excellent rating by the



Healthcare Commission and who exemplify You Are The Difference, our Trustwide customer service training programme.

This is your chance to celebrate the contribution of an individual member of staff. By nominating a colleague, you can thank them publicly for what they bring to the life of the hospital and patient care.

You can find a nomination form in this edition of *Trust News* – if you want to nominate more than one member of staff, extra forms are available on the intranet,

from the Staff Information Point near the Restaurant, and from the Communications Department on ext 6828/9.

I will present this year's Christmas Cheer Awards at 3pm on Tuesday December 18 in the Academic Atrium and I hope that as many staff as possible can join us to celebrate all that is best about Chelsea and Westminster.



Finally, I would like to wish you Happy Christmas and a peaceful and prosperous New Year.

If you are working over the festive period, I know that you will ensure that those patients who have to spend Christmas in hospital have as pleasant a time as possible – you will see me and other Directors here over Christmas and New Year.

Your guide to this month's *Trust News*

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Bridge afternoon boosts Emergency Department

The Friends of the Chelsea & Westminster Hospital hosted a bridge afternoon on November 7 in aid of the Trust's Emergency Department. The successful event was organised by Friends Committee member Jenny Woodham Smith.

As well as prizes for a bridge 'Grand Slam' and 'Mini Slam', many prizes were won in the fundraising raffle including bridge lessons at Andrew Robson Bridge Club.

Sponsors that supported the event included Andrew Robson Bridge Club, Bridge Magazine, Brinkley's Restaurant, Camille Hair Design, Chelsea Football Club, ISS Mediclean, Marks and Spencer, the Maud van Norden Charitable Trust, Seven Seas, Fulham Football Club and Tesco.



Thrombolysis boosts stroke care

A major new development has significantly improved the care provided for stroke patients at Chelsea and Westminster.

The Trust now provides stroke thrombolysis from 8am to 7pm, Monday to Friday, supported out-of-hours by University College London Hospitals NHS Foundation Trust while it is being developed to become a 24-7

service.

Dr John Janssen, Consultant Neurologist and lead consultant for stroke thrombolysis, said: "Thrombolysis is the name used for clot busting treatment with the drug rt-PA

(alteplase), as used at Chelsea and Westminster. This novel treatment has been shown to reduce disability in international treatment trials in carefully selected patients.

"The Europe-wide target for stroke thrombolysis is to treat at least 5% of patients with stroke caused by a blood clot in one of the blood vessels in the brain. The drug is only beneficial for a minority of patients and has to be given within three hours of known stroke onset. The drug is harmful beyond this time and for patients whose stroke is due to haemorrhage as it will worsen the bleeding.

"Although stroke thrombolysis is only suitable for a small minority of patients, all stroke patients benefit from its introduction to Chelsea and Westminster. This is because we have revamped the stroke assessment process with improved multi-disciplinary

working, faster access to brain CT scan and rapid admission to Nell Gwynne Ward, which is one of London's leading acute stroke units."

As part of the development of stroke thrombolysis at Chelsea and Westminster, Trust staff attended a training day in Newcastle, which was run by the British Association of Stroke Physicians.

Staff on the course included Dr Richard Morgan, Dr Michael Pelly, Dr John Janssen, Dr Angus Kennedy, Dr Roberto Guiloff, Lucy Tapaoan (Nell Gwynne Ward Manager), Andrea Blay (Nurse Consultant) and Binnie Grant (Stroke Co-ordinator).

The extensive multi-disciplinary input to bring about this service improvement included the development of an integrated care pathway and training for all staff involved in the delivery of care.



■ *Members of the multi-disciplinary team providing stroke care at Chelsea and Westminster*

Holiday of a lifetime for young patients

Two young patients who are treated for cancer at Chelsea and Westminster Hospital experienced the holiday of a lifetime at Disneyworld in Florida.

Kausar Hassan, Clinical Nurse Educator for paediatrics, spends her holidays supporting the Dreamflight charity which helps make the dreams of seriously ill children come true.

Rachael Searl, Staff Nurse on Neptune Ward, and Helen Runcorn, Staff Nurse in the Paediatric Emergency Department, also helped out Dreamflight this year.

This year Yasmin Alassmar (14) and Malik Sinada (10) were nominated by Rosie Simpson, Macmillan Nurse Specialist for Paediatric Haematology/Oncology, and they were selected to go on the trip.

Kausar would like her colleagues to know about Dreamflight and how other children can be nominated for next year's holiday.

She says: "Nominations can be made by healthcare professionals and I am happy to talk to anyone who feels they would like to nominate a child when nomination forms for 2008 are available in January.

"I am also happy to talk to parents about nominations and the charity. Obviously, parents need to know that a nomination does not guarantee their

child a place on the trip and children should only be told once they receive confirmation that their nomination has been successful, to avoid disappointment if they are not chosen."

Kausar can be contacted on ext 5093, bleep 5003 or via Trust email – more information about Dreamflight is available at www.dreamflight.org.



■ *Rachael Searl, Staff Nurse on Neptune Ward, with Malik Sinada (10) and Yasmin Alassmar (14)*

Update on Trust projects

Electronic prescribing rollout continues

December will be an exciting month for electronic prescribing of medication which reduces errors, improves consistency and speeds up the dispensing of drugs.

This month sees not only the completion of Trustwide electronic outpatient prescribing with the extension of the system to the West London Centre for Sexual Health at Charing Cross Hospital but also the next steps in a phased rollout of electronic prescribing to inpatient areas.

Electronic inpatient prescribing has been piloted initially on Lord Wigram, a trauma and orthopaedic surgery ward, and in Theatres Recovery.

It will now be extended to David Evans Ward as the first step of the phased rollout.

The pilot on Lord Wigram has been a great success and has made Chelsea and Westminster the first hospital outside North America to use the Lastword software programme for inpatient prescribing.



■ *Emer Bouanem (Sister, Lord Wigram Ward) demonstrates a new wireless hand-held computer that records medication at the patient bedside with India Hardy (Lead Pharmacist – EPR Prescribing Project)*

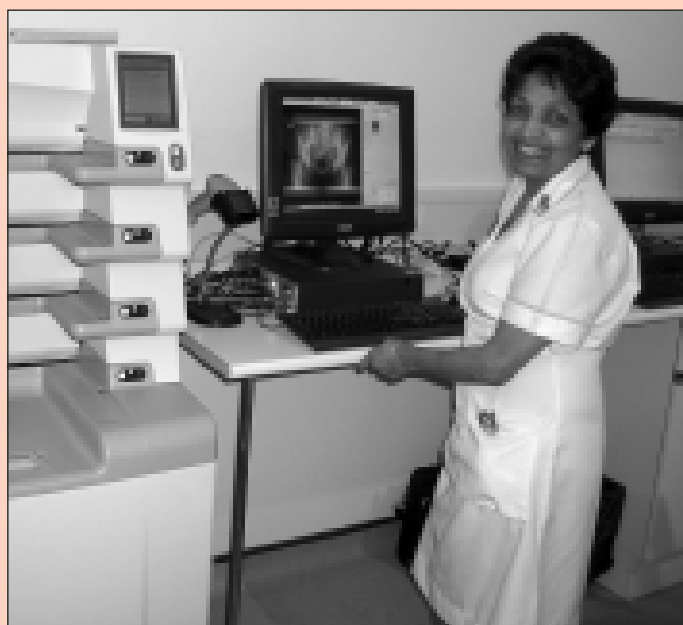
PACS – your views wanted!

Our new digital radiology system PACS – Picture Archiving and Communication System – went live at Chelsea and Westminster on Saturday June 30 and many benefits are already being realised.

Staff view images on a computer instead of looking at X-ray films on a lightbox, digital images are retrieved in seconds and can be viewed by more

than one department or hospital at the same time, and don't get lost.

Feedback from staff using PACS has been generally positive. A small



■ *Tajinder Saggi (Superintendent Radiographer) with the new digital X-ray system*

number of concerns raised since it went live have been resolved by the PACS support and IT teams.

Further improvements in the turnaround of reports are expected when digital dictation and voice recognition are installed on the system next year – in addition, Nuclear Medicine will be connected to PACS within the first three months of the new year.

Alan Kaye, Radiology Services Manager, says: "Since the introduction of PACS, we have seen a 34% reduction in incoming and outgoing phone calls in the department and it has also reduced paperwork and administrative tasks.

"Because images are now available quickly at the point of care, and we no longer have to worry about the problems associated with lost or missing films, staff can concentrate on patient care."

The views of staff who

use PACS are wanted.

Dr Margaret Phelan, Clinical Director for Anaesthetics & Imaging, explains: "A user satisfaction survey will soon be distributed to all staff who use PACS to benchmark staff satisfaction with PACS as part of the benefits realisation process.

"The questionnaire will be electronic and only takes about five minutes to complete so I would encourage all staff to complete the survey and give us your views."

Karen Baker, PACS Project Manager, says: "I would like to thank everyone who has contributed to the successful implementation of PACS and I would urge you to fill in the user satisfaction survey so we have your feedback."

The PACS support team can be contacted on ext 5899.

Focus on... Maternity services

Major expansion for Private Maternity Unit



Our Private Maternity Unit is set for a major revamp thanks to a unique partnership with Chelsea and Westminster Health Charity which means that profits generated by the expanded Unit will help to support projects that will benefit NHS patients.

The number of rooms will be increased from six to 16 and the standard of the

patient environment will be enhanced significantly.

Consultant Obstetrician Keith Duncan says: "Our Private Maternity Unit offers the best of both worlds.

"Not only does it have all the facilities you would expect in a private hospital but also the support services, specialist expertise and back-up of a major London teaching hospital."

Diane Yeo, Chief Executive of Chelsea and Westminster Health Charity, adds: "I am delighted that this exciting development has been made possible by a unique partnership between the hospital and ourselves.

"Because the Charity is setting up a company to manage the expanded Private Maternity Unit, we expect that the profits generated by the Unit will help to support projects to benefit NHS patients."

Steve Goodwin, of the Trust's Projects team, explains: "We aim to ensure that disruption is minimised by undertaking the building work in two phases. When the first phase has been completed, a new reception entrance into the Unit will open and the existing Private Maternity Unit will be closed off for the second phase."

Building work will start in January 2008 and is due for completion by the summer. The expanded Unit will occupy the space currently occupied by staff in the EPR Department who are being relocated to office accommodation at Cavaye Place, above the Pan Bookshop on Fulham Road.

If you have any questions or queries about the expansion of the Private Maternity Unit, please contact Ellie Wilkes (Project Manager) on ext 6895 or via Trust email.

Mum's the word

Consultant Obstetrician and Gynaecologist Martin Lupton updated members of the Maternity Services Liaison Committee (MSLC), the patient forum for our maternity services, about improvements to postnatal care.

A transfer lounge or discharge room, newly refurbished by the Friends of the Chelsea & Westminster Hospital, was officially opened on the same day.

The Trust set up a Postnatal Working Group including Martin Lupton, Shu-ling Chuang (Consultant Neonatologist), Ellie Wilkes (Assistant General Manager), Sally Brittain and Fiona Walkinshaw (Midwifery Managers), Catherine Horne (General Manager, ISS Mediclean) and a representative of the MSLC.

Thanks to the hard work and involvement of staff on Ann Stewart Ward, a series of improvements have already been made to postnatal care.

Ellie Wilkes explains: "We identified key areas of concern by analysing complaints, clinical incidents and anecdotal feedback and then tackled them as a group in partnership with colleagues.

"These included the patient environment on Ann Stewart Ward, arrangements for discharging women home from hospital with their baby, communication and breastfeeding.

"I would like to thank the midwives on Ann Stewart Ward for all their hard work."

Martin Lupton says: "Our

small multi-disciplinary team agreed that postnatal care had serious problems and we took ownership of those problems. Furthermore, we needed to sort the problems out as quickly as possible.

"Each week we needed to have completed the action points of the week before. We think this is a good model for the future."

So what improvements have been made to our postnatal care this year?

Patient environment

Following an audit of the environment, improvements made have included more thorough cleaning on the ward and in bathrooms, checklists for staff who clean and change beds, and more varied and more healthily cooked food.

Discharge

A transfer lounge or discharge room where women can wait in comfort before going home has been furnished with comfortable chairs and baby changing facilities.

Communication

A ward information pack has been developed, and the quality of information provided to women when they arrive on the ward, so that communication is more professional.

Breastfeeding

Thanks to a partnership with Cinzia Giammarchi (Volunteer Liaison Manager), 10 breastfeeding volunteers have been trained to help assist women on the ward.



■ **Maternity staff and representatives of the Friends of the Chelsea & Westminster Hospital celebrate the official opening of the new transfer lounge on Ann Stewart Ward – Ellie Wilkes (Assistant General Manager – front left), Lady Smith-Gordon (Friends Chairman – 2nd row left), Jane Weston (Friends – 2nd row centre), Shawna Moss (Friends – 2nd row right), John Roberts (Friends – back row left), Martin Lupton (Consultant Obstetrician and Gynaecologist – back row centre) and Christine Stewart (Midwife)**

Counter-fraud update

Cybercrime

Did you know that cybercrime is one of the UK's biggest crime hotspots? Last year 207,000 cases of online fraud were committed – the equivalent of a crime online every 10 seconds.

The NHS email system is subject to spurious emails which may appear to be from banks and building societies but which are actually so-called 'Phishing' emails.

Phishing is a scam in which an email purporting to be from a valid financial provider is sent, often using fear tactics in an effort to entice the intended victim into visiting a fraudulent website.

Once on the website, which generally looks and feels much like a valid online banking site, the victim is instructed to log in to their account and enter sensitive financial information such as their bank PIN number and their Social Security number.

The perpetrator of the online crime then uses this information to engage in credit card and bank fraud - or outright identity theft.

What should you do if you get an email of this type? Do not reply and do not open any links within the email. Inform the IT department that you have received the email and hopefully a block can be put on the sender's email address.

If you have a concern about possible fraud, contact the Trust's Local Counter-Fraud Specialist Iain Hewitt on 020 7953 7889 or via email iain.hewitt@chelwest.nhs.uk – all communication will be treated in strictest confidence.

Duathlon launched

The Chelsea and Westminster Health Charity's sponsorship of the world's largest duathlon – a mix of running and cycling – was officially launched in November.

The Chelsea and Westminster Health Charity London Duathlon will take place in Richmond on Sunday September 14 2008 and staff, volunteers and everyone connected with the hospital is being urged to get involved.

You can register to take part by visiting www.londonduathlon.com - there is a 'fun' distance for beginners, a 'challenge' distance for the more adventurous and even a kids distance for youngsters.

Diane Yeo, Chief Executive of Chelsea and



■ *Diane Yeo, Chief Executive of Chelsea and Westminster Health Charity, speaks at the official launch of the Chelsea and Westminster Health Charity London Duathlon with Jonathan Milward (Charity Trustee), Nick Rusling (Managing Director, London Duathlon) and Amanda Pritchard (Deputy Chief Executive, Chelsea and Westminster Hospital NHS Foundation Trust)*

Westminster Health Charity said: "We are delighted to be associated with this event and we very much hope that

staff at Chelsea and Westminster and everyone involved with the hospital will join us by either taking part themselves or sponsoring someone.

"Funds raised will go towards our £900,000 CT Scanner Appeal to buy a new CT scanner for the hospital and other deserving projects."

Staff at Chelsea and Westminster are already raising money for the CT Scanner Appeal – a group of staff from the Acute Medical Unit and other wards and departments were due to take part in a sponsored skydive in aid of the appeal as *Trust News* went to press.



■ *Hospital staff taking part in a sponsored skydive on December 1 in aid of the CT Scanner Appeal*

STOP PRESS... STOP PRESS... STOP PRESS...

ICU Charter Mark award

Congratulations to staff on the Intensive Care Unit who have won the very special accolade of a Charter Mark award following an assessment in November.

The Unit was first awarded a Charter Mark – a national award for excellence given by the government to public sector or voluntary organisations – in 1998 and it has been renewed three times in 2001, 2004 and now 2007.

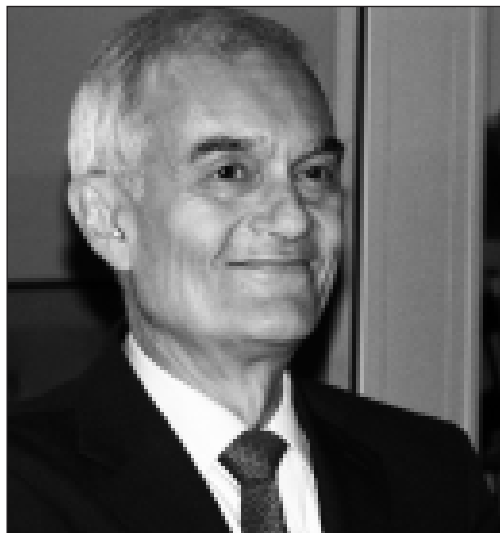
Well done to everyone involved both in ICU and other Trust departments.

Children in Need

Thank you to all staff, visitors and patients who dug deep on Friday November 16 to donate money to Children in Need – a grand total of £1,189.15 was raised thanks to your generosity.

Farewell to Juggy and Marilyn

Trust staff past and present, and invited guests from other NHS trusts, attended a reception event at the end of October to celebrate the contribution of Juggy Pandit and Marilyn Frampton as Chairman and Non-Executive Director respectively - Juggy and Marilyn's terms of office came to an end on October 31.



■ *Juggy Pandit*



■ *Marilyn Frampton*

World Diabetes Day

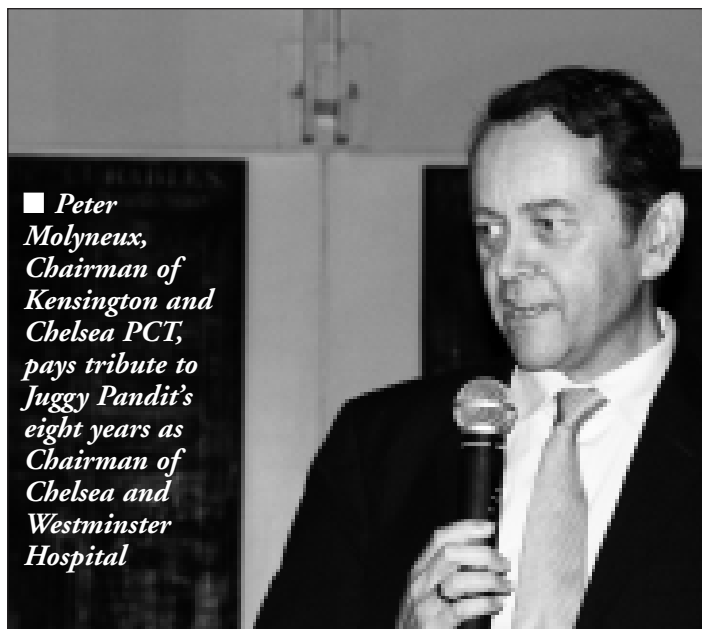


■ *Members of the Trust diabetes team are pictured on World Diabetes Day – November 14.*

This year for the first time, World Diabetes Day was also a United Nations Day.

It is predicted that the global prevalence of diabetes will rise from 250 million to 380 million cases by 2025.

For more information on diabetes, please go to www.diabetes.org.uk.



■ *Peter Molyneux, Chairman of Kensington and Chelsea PCT, pays tribute to Juggy Pandit's eight years as Chairman of Chelsea and Westminster Hospital*

Have your say on the future of London's NHS

Patients, members of the public and NHS staff are being invited to have their say on the future of healthcare in London.

Public consultation on 'Healthcare for London: A Framework for Action', Health Minister Professor Ara Darzi's report outlining a vision for the NHS in the capital for the next decade and beyond, started on November 30.

Kensington and Chelsea Primary Care Trust is leading the local consultation on 'Healthcare for London'.

Chelsea and Westminster Hospital NHS Foundation Trust was officially rated Excellent for quality of services and use of financial

resources when the Healthcare Commission published annual NHS performance ratings in October – one of only three NHS trusts in London to achieve a double Excellent rating.

However, 'Healthcare for London' concludes that this excellence is not uniform throughout the capital and that there are significant health inequalities in London.

Professor Darzi's report proposes that hospital services could be reshaped so

that more complex healthcare is concentrated in a smaller number of more advanced and more specialised hospitals.

He also says that a network of 'polyclinics' could be established to combine GP services, diagnostic tests, community services and out of hours provision – up to 25 GPs would work in each 'super' clinic.

You can get involved in the public consultation online at www.healthcareforlondon.nhs.uk.

Changes to the NHS Pension Scheme

An updated NHS Pension Scheme is being introduced for existing members that keeps most of the current benefits and introduces new ones, alongside a new

NHS Pension Scheme for new members. Both Schemes will have identical contribution rates and will come into effect on April 1 2008.

Scheme members

Your pension will retain key features like a normal retirement age of 60 and a pension based on your final salary.

At the same time a brand new scheme will be introduced for new members who join on or after this date. This scheme will have a normal retirement age of 65. You will have the opportunity to move your pension into this new scheme for a limited period, planned to run from July 1 2009 to June 30 2010. The new scheme provides greater flexibility around how and when you take your pension, which may better suit some members' retirement plans so you may wish to check the differences in more detail with the Pensions Agency or the Trust Pensions Manager.

Non-members

If you work for the NHS but are not a scheme member, or expect to join the NHS soon, you will be able to join the current scheme up to March 31 2008.

If you join the NHS Pension Scheme on or before March 31 2008, your pension will be subject to changes described above under 'Scheme members'. Like them, you will have the choice of switching to the new NHS Pension Scheme for a limited period, planned to run from July 1 2009 to June 30 2010.

If you become a pension scheme member on or after April 1 2008, you will only be able to join the new NHS Pension Scheme.

Staff should have received a leaflet explaining the changes in more detail with their November payslips. For further information, please see www.nhsemployers.org/pensionagreement.

Alison Heeralall
Deputy Director of HR

Betty McDonagh
Pensions Manager

Noel Fee
Staffside Chair

OSL holds event for Trust staff



Olympic South Limited (OSL), the company that provides our non-emergency patient transport service, ran a well-attended event for Trust staff in October.

This was an opportunity for staff who book transport to meet the OSL team, have some lunch and ask any questions. Training was available for booking transport, escorts and mobility assessment using the Trust criteria.

■ Pictured are Rory Cox (OSL Site Manager), Margaret Francis (Gynaecology Administration Co-ordinator), Kayleigh Hargraves (OSL Co-ordinator), Margaret Outaleb (OSL Front Receptionist), Kelly Bailey (PTS crew member) and Manuel Rodrigues (ISS Transport Porter).

Team Briefing – dates for 2008

Team Briefing dates for 2008 are listed below – all briefings start at 9am in the Boardroom and, except in January, are on the first Friday of each month.

Face to face briefings are led by Chief Executive, Heather Lawrence or another member of the Executive team. All staff are welcome but senior managers and clinical leaders are particularly encouraged to attend.

Directorates must ensure that the most appropriate staff attend to start an effective communication cascade of Team Briefing in the Trust. All line managers must use Team Briefing as the basis for ensuring that their staff are fully informed about, and involved in, the latest developments at Chelsea and Westminster.

Each month's briefing is distributed via an All Staff email following the face to face briefing with the Executive team – previous briefings are available under 'Press & PR' on the intranet.

Trust stars in new guide for expectant mums

Maternity care at Chelsea and Westminster is showcased in a magazine for pregnant women that is endorsed by the Royal College of Obstetricians and Gynaecologists.

'You and Your Baby' is a brand new publication that will be distributed to every maternity unit in the country in January 2008. It is a practical guide to pregnancy, birth and bringing up baby that has the full backing of the Royal College. Chelsea and Westminster's full range of maternity services are described in both the magazine and a 'You and Your Baby' website.

Friday January 11
Friday February 1
Friday March 7
Friday April 4
Friday May 2
Friday June 6
Friday July 4
Friday August 1
Friday September 5
Friday October 3
Friday November 7
Friday December 5

Thousands raised for HIV/Aids children

Staff at Chelsea and Westminster have raised almost £9,000 for a South African charity called Nkosi's Haven which provides a foster home for HIV positive children and Aids orphans – they are well on their way to meeting their target of £25,000.

This fundraising drive develops further the international links of the Trust's Nkosi Johnson Unit for HIV patients – based at the West London Centre for Sexual Health at Charing Cross Hospital.

The Nkosi Johnson Unit was named after a young South African boy who died in 2001 but not before his



■ Staff from Abbott hand over reconditioned computers to staff at the West London Centre for Sexual Health

courage helped to raise international awareness of HIV.

As part of their fundraising initiatives, staff have approached businesses, drug companies, bars and

restaurants for sponsorship.

A big thank you to pharmaceutical company Abbott for their kind donation of two reconditioned computers to Nkosi's Haven for education

and training.

Nkosi Johnson Unit nurse Anosha Ramsammy recently visited South Africa and spent a day with Gail Johnson, Nkosi's foster mother, at one of the Havens to officially hand over the computers to Gail and her team.

Gail said Nkosi would be proud to know that people living thousands of miles away in the UK are keeping his memory alive and honouring him in such a special way.

Anosha's visit to South Africa was followed by a wonderful fundraising evening on November 3 at Marimba, a South African style bar and restaurant in South Wimbledon.

Canapes and drinks were enjoyed, an auction was held and all proceeds went to the charity.

Janet Kotze from the South African Embassy and Dr Simon Barton, Clinical Director for the HIV/GUM directorate at Chelsea and Westminster, were among the guests.

Thanks to all the hard work and contributions of staff and local communities, a grand total of £8,945 has now been raised – thank you to everyone for their support.



■ Dr Simon Barton and Janet Kotze from the South African Embassy at the fundraising evening at Marimba



■ Anosha Ramsammy hands the computers over to Gail Johnson and her team in South Africa

Update on Trust policies

Access Policy

The Access Policy has been updated to help the Trust ensure that all patients referred to Chelsea and Westminster for treatment are seen and treated within 18 weeks – in line with national government targets.

A summary of the policy's key points is available on the intranet – all staff involved with patients' access to care should familiarise themselves with the policy which covers all aspects of the patient pathway including patients who Do Not Attend (DNA).

Engagement and Observations of Mental Health Patients Policy

This new policy can be viewed via Datix on the intranet by clicking on 'Unapproved Guidelines', 'Trustwide', 'Miscellaneous'.

All mental health patients who require constant supervision should be reviewed daily by mental health services – the Psychiatric Liaison Service or Paul Morris (Lead Nurse Mental Health), both contactable via Pager.

If mental health staff say that a patient should be continuously observed by a Registered Mental Health Nurse (RMN), this can only change with agreement of the

Psychiatric Liaison Service, Duty Psychiatry SHO or Paul Morris.

The only staff who can take a mental health patient off constant observations are the Psychiatric Liaison Service, Duty Psychiatry SHO or Paul Morris.

Mental health patients on constant observations should not be allowed to leave a ward unless they have been assessed by the Psychiatric Liaison Service, Duty Psychiatry SHO or Paul Morris – any decision to allow a patient to leave the ward must be documented in their notes.

What not to wear

Do you know what to wear – and what not to wear – when you are working on the wards?

New guidance from the Department of Health, which all staff working in NHS hospitals must comply with, sets standards to minimise the risk of infections being transmitted by staff to patients via uniforms or other work clothes.

The guidance is based on two detailed literature reviews carried out by the Richard Wells Research Institute at Thames Valley University, as well as research done by University College London Hospitals NHS Foundation Trust.

It reinforces existing advice about reducing the spread of infections at Chelsea and Westminster.

We hope you find this a useful guide to what to wear – and what not to wear.

■ *Dr Ed Abrahamson, Consultant in Paediatric Emergency Medicine, demonstrates his compliance with the 'no sleeves' uniform policy*



Blingo

All the bling must go.
No more wristwatches or Diamond rings
No more Bracelets or Earrings (studs only) to be worn by
medical and nursing staff in the Emergency Department.
This is another step forward to rid us of unnecessary
infections in our department.

■ *The 'Blingo' poster developed by infection control link professionals in the Emergency Department to remind staff to remove watches and jewellery when they are on duty*

Blingo

The new Department of Health guidance states that NHS staff should not wear jewellery on their hand or wrist, or wear a watch, because jewellery in particular can harbour micro-organisms and it can also reduce compliance with hand hygiene.

That is old news for Sister Marie Flood and Service Co-ordinator Ray Henwood, infection control link professionals in the Emergency Department, who devised an eye-catching poster earlier this year to remind staff to remove watches and jewellery.

Their 'Blingo' poster uses humour to make a serious point about minimising healthcare associated infections.

Marie told Trust News back in July: "This is a serious issue because 'bling' including watches, rings and bracelets represent an infection control risk to patients but we wanted to tackle the problem in a humorous way.

"It really seems to be working and the Consultants and senior nursing staff are supporting us."

Senior doctors and nurses back uniform

Andrew MacCallum, Director of Nursing, believes it is vital that all staff understand what to wear when they are at work or travelling to and from work.

He says: "We must all do everything possible to reduce the risk of cross-infection from uniforms or other work clothes.

"There is also a widespread public perception of a risk and we

know from the questions that the public ask at our annual meeting, for example, that they do not like seeing hospital staff in uniform outside the hospital.

"The way that our staff dress sends a message to the patients we care for, and to the local community. We must maintain public confidence in Chelsea and Westminster as a clean hospital with a good record

on infection control."

Dr Berge Azadian, Director of Infection Prevention and Control, adds: "I have been reinforcing this clear message to all healthcare workers in the hospital both individually and during presentations at the various clinical directorate meetings."

Dr Ed Abrahamson, Consultant in Paediatric Emergency Medicine, is

also supporting the drive to ensure that all staff who come into contact with patients are 'bare below the elbow' – in other words, the days of doctors in white coats are over.

He agreed to pose for a photo for Trust News to demonstrate the importance of wearing short sleeves, rather than the traditional white coat and tie.

This dress code reduces

What not to wear

EXAMPLE 1

What to wear

Short-sleeved shirt/blouse

What not to wear

White coat and tie

Why?

Cuffs become heavily contaminated and are more likely to come into contact with patients, ties are rarely washed and have been shown to be colonised by pathogens

EXAMPLE 2

What to wear

Uniform/work clothes at work only, changing into and out of uniform/work clothes at work

What not to wear

Uniform/work clothes when travelling to and from the hospital

Why?

Although evidence of infection risk from wearing uniform/work clothes outside work is not conclusive, patient confidence in the NHS may be undermined

EXAMPLE 3

What to wear

Clean uniform/work clothes

What not to wear

Uniform/work clothes that become visibly soiled or contaminated

Why?

Visible soiling or contamination may be an infection risk, and affects patient confidence in the staff treating them

EXAMPLE 4

What to wear

Short, clean fingernails

What not to wear

Long and/or dirty fingernails, false nails or nail varnish

Why?

Long nails are harder to keep clean, false nails harbour micro-organisms and can reduce compliance with hand hygiene

EXAMPLE 5

What to wear

Plain wedding ring

What not to wear

Hand/wrist jewellery or watch

Why?

Hand/wrist jewellery can harbour micro-organisms and reduce compliance with hand hygiene

guidance

the risk of infection because long-sleeved shirt or coat cuffs can become heavily contaminated and are more likely to come into contact with patients, while ties are rarely washed and can become colonised by pathogens.

A poster displayed prominently at the entrance to the Paediatric Emergency Department stresses that all staff must wear short sleeves.

Hand hygiene watch

Standards of hand hygiene in the Trust are audited on a monthly basis by our infection control link professionals – nurses, therapists and other staff who are responsible for infection control in their area of the hospital.

We include an update on compliance with hand hygiene standards in every month's Trust News to ensure the issue remains high profile.

The good news is that the compliance rate for both October and November was 68% - the best performance since we started publishing results of the hand hygiene

audits in Trust News.

Some clinical areas scored particularly well in October – congratulations to staff working on Marie Celeste Ward (93%), Thomas Macaulay Ward (90%) and in Therapy Services (90%).

Three clinical areas achieved a 100% compliance rate in November – well done to staff



working on Chelsea Wing, David Evans Ward and Kobler Daycare for their excellent performance.

There is still plenty of room for improvement so please remember to use the alcohol hand gel that is available at the entrance to all clinical areas in the hospital.

Christmas 2007

COMPETITION



Christmas Cheer Award

Nomination Form

Do you know someone working here, as a member of Trust staff, ISS Mediclean or Haden, or as a volunteer, who brings a cheerful, positive attitude to their work? Someone who is a pleasure to be around and who cheers up the day for staff and patients?

If you do, then why not nominate them for a Christmas Cheer award? The winners will receive prizes at a special ceremony on Tuesday 18 December at 3pm in the Academic Atrium.

Entries must be received no later than 12 noon on Wednesday 12 December.

I nominate (name): _____

Department/Area: _____

Because: _____

Nominated by: _____

Please return this form to:

Communications Department, Lower Ground Floor, or fax it to 6539 by 12 noon on Wednesday 12 December.

Christmas 2007

COMPETITION

Best Decorated Ward or Department

Nomination Form

The competition is open to wards, departments and units. Entries will be judged on the morning of Tuesday 18 December.

If you would like to enter, please return this form to the Communications Department by 12 noon Friday 14 December (otherwise your area will **NOT** be visited by the judges).

You could win one of three cash prizes—£100, £75 or £50—thanks to generous support from The Friends of the Chelsea & Westminster Hospital!

Name of Department/Area: _____

Contact Name: _____

Contact Number: _____

Please return this form to:

Communications Department, Lower Ground Floor, or fax it to 6539 by 12 noon on Friday 14 December.

Photo gallery

World COPD Day

To mark World Chronic Obstructive Pulmonary Disease (COPD) Day on November 14, Fiona-Jane Thompson (Respiratory Clinical Nurse Specialist - pictured) and Dawn Evans (Respiratory Physiologist) organised a stand at the main reception in conjunction with Kensington and Chelsea Stop Smoking Service.

Also pictured is Jerzy Ostrovsky who is having a spirometry test to test his airways.

Around two million people in the UK do not know that they have COPD. It is a common and incurable lung disease which narrows the airways and makes breathing difficult. Most cases relate to smoking, and passive exposure to cigarette smoke, although some cases are caused by exposure to dust and fumes.

COPD can be treated and symptoms reduced with early detection. Anyone who has trouble breathing, a lingering cough, or lots of phlegm should speak to their GP about COPD.

For more information, please go to www.lunguk.org or call the British Lung Foundation on 08458 50 50 20.



Teddy Bear Hospital



Children from Larmenier and Sacred Heart Primary School in Hammersmith are pictured at the third European Medical Students Association (EMSA) Imperial College School of Medicine Teddy Bear Hospital (TBH) in November.

This year aspects of the school curriculum for children aged six and seven were incorporated, such as road safety. Healthy eating and exercise were also new additions to the event.

There were 120 medical students involved in the day while hospital play specialists and paediatricians also helped the students by giving advice on 'serious play' with children.

TBH Director, medical student Mehreen Tahir said: "The day was a great success which we are very proud of. We did our first TBH at St Mary's Hospital this month which went really well. In the future, we hope to introduce TBH to other hospitals to build on the success we have already achieved."

For more information on the Teddy Bear Hospital, please email Mehreen Tahir at mht105@ic.ac.uk.

Mouth Cancer Awareness Week

■ Pictured during Mouth Cancer Awareness Week in November are Bhavika Solanki (Kensington and Chelsea PCT Stop Smoking Service), Alison Fraser (Oral Health Promoter - North West London Community Dental Service) and Angela Beresford (Macmillan Centre Volunteer).

The best way to reduce your risk of mouth cancer is to avoid smoking, chewing tobacco or drinking alcohol. Those who drink heavily and smoke increase their chances of getting the illness by 30%. The risk increases with age and men aged 40+ are especially at risk.

Early detection and treatment are essential so regular check-ups with your dentist are important.

For advice and help to stop smoking, please phone the Kensington and Chelsea PCT stop smoking helpline free of charge on 0800 08 59 147.



Photo gallery

Ban Bullying at Work Day

Trust staff hosted an information stand outside the hospital restaurant to mark national Ban Bullying at Work Day on November 7.

Pictured on the day are Cinzia Giammarchi (Volunteer Liaison Manager/ Harassment Service Manager), Shamim Juma (Information Officer), Antonia Shepherd (HR Advisor) and Sandra Busby (Unison Staffside Representative). Not pictured is Priti Bhatt, Ban Bullying at Work Day Co-ordinator and HR Manager.

The Trust takes the issue of bullying and harassment very seriously and we now have a number of trained harassment advisors who can help staff to deal with problems they are experiencing.

The Harassment Advisors provide confidential support and advice, Monday to Friday from 9am to 5pm - to book an appointment please call ext 6565. Staff can also contact their directorate HR Manager or Advisor. Alternatively, staff can contact their Trade Union representative or Occupational Health on ext 8330 for support and advice.

The Employee Assistance programme, available 24 hours a day, 365 days a year, offers a free confidential counselling and advisory service for Trust staff – the freephone number is 0800 269 616.



Ask About Medicines Week

Pre-registration pharmacists organised events to mark national Ask About Medicines Week from November 5 to 9 which this year focused on asking about medicines as we grow up.

The aim of the week was to promote communication between patients, relatives and carers and their healthcare professionals, so that asking questions about their own or their child's medicine becomes the norm.

Pharmacy staff hope to have inspired people to become more involved in decisions about their medicines, informed them who they can refer to for help and support with their medicines, and answered questions regarding their medicines or conditions.

A competition was organised to guess how many tablets were in a jar with prizes kindly donated by Pizza Express and Chelsea Football Club including vouchers, match tickets and goody bags.

Pharmacy would also like to thank Tray Gourmet for providing trays of fruit for the week, enabling them to promote healthy eating.



Members of the Pharmacy team during Ask About Medicines Week

World Radiography Day



Trust staff celebrated World Radiography Day on November 8 by hosting a stand to promote the work of diagnostic and therapeutic radiographers.

This was also an opportunity to raise money for Chelsea and Westminster Health Charity's fundraising appeal to help buy a new CT scanner.

Pictured on the day are Susan Pearse, Emma Lawrence, Fiona Glencross, Magda El Sherbini and Tara Teske.

To demonstrate the work of the department, items displayed on the day included a mobile PACS cart used in Theatres, ICU and NICU, a PACS monitor (pictured centre), and an old light box to demonstrate the new and old X-ray systems.

A heavy lead protection sheet worn by staff when they are taking X-rays was also brought down for people to try on and an Image Intensifier machine was also on display.

Visitors were also able to tour the department via a laptop presentation.

Discounts available for Trust staff...

FOOD & DRINK

Chelsea Bun

9a Limerston St SW10
Tel: 020 7352 3635
10 per cent discount Mon-Fri, 7am - 6pm (excl. special offers)

Chelsea Meze

294 Fulham Road SW10
Tel: 020 7351 0044
10 per cent discount

Demarquette – Fine Chocolates

285 Fulham Road SW10
Tel: 020 7351 5467
10 per cent discount off all gift boxes

Dish Dash

9 Park Walk SW10
Tel: 020 7352 1330
15 per cent discount, 12-5pm

Dragon King Rice and Noodle Bar

(Earls Court Branch only)
155 Earls Court Road SW5
Tel: 020 7370 6200
10 per cent discount off food (eat-in only)

Exquisito Bar and Restaurant

343 Fulham Road SW10
Tel: 020 7352 0967
25 per cent discount on main courses and house wine with meals (takeaways included)

Feng Sushi

218 Fulham Road SW10
Tel: 020 7795 1900
10 per cent discount (excl. deliv.)

The Fulham Bar

268 Fulham Road SW10
Tel: 020 7352 1859
10 per cent discount

Glaister's Bistro

4 Hollywood Road SW10
Tel: 020 7352 0352
10 per cent discount (groups less than 10). Above 10, a free bottle of wine with dinner

Godiva Chocolates

192 King's Road SW3
Tel: 020 7351 6427
10 per cent discount

The Gourmet Oriental

(takeaway) 290 Fulham Road SW10
Tel: 020 7351 1714
10 per cent discount

Khan's Restaurant

13-15 Westbourne Grove W2
Tel: 020 7727 5420
10 per cent discount

King's Arms

190 Fulham Road SW10
Tel: 020 7351 5043 Email: kingsarmschelsea@youngs.co.uk
£5 and £5.95 meal offers available all the time until December 31

La Grenadine Restaurant & Bar

14 Hollywood Road SW10
Tel: 020 7352 8305
10 per cent discount off food, groups of 10 or more, a free bottle of champagne with your meal.

Available until Dec 31

Made In China Restaurant

351 Fulham Road SW10
Tel: 020 7351 2939
10 per cent off meals (10 per cent off takeaways)

Mandaloun

335 Fulham Road SW10
Tel: 020 7352 9797
10 per cent discount, Mon-Fri, 12-3.30pm

Mexicali

323 Fulham Road SW10
Tel: 020 7351 7370
10 per cent discount

Mokssh

222-224 Fulham Road SW10
Tel: 020 7352 6548
10 per cent discount if spend £10, Mon-Fri, 12-6pm (excl. set lunch)

Nirvana Restaurant

430 King's Road SW10
Tel: 020 7352 7771
25 per cent discount on food when eating in. Show staff ID before ordering

Oddono's Gelati Italiani - Ice cream parlour

14 Bute Street SW7
Tel: 020 7052 0732
10 per cent discount

Pizza Express

363 Fulham Road SW10
Tel: 020 7352 5300
15 per cent off lunch, 10 per cent off dinner (incl takeaways)

PJ's Bar and Grill

52 Fulham Road SW10
Tel: 020 7581 0025
10 per cent off

Tampopo Restaurant

140 Fulham Road SW10
Tel: 020 7370 5355
20 per cent discount 12-7pm Sun-Thu (excluding meal deal)

Saran Rom Thai Restaurant & Cocktail Bar

The Boulevard, Imperial Wharf, Townmead Rd, SW6
Tel: 020 7751 3111
20 per cent off total bill before 8pm; 20 per cent off food bill after 8pm (excl. special menus)

Snax

369 Fulham Road SW10
Tel: 020 7351 7454
10 per cent discount

Vingt-Quatre

325 Fulham Road SW10
Tel: 020 7376 7224
20 per cent discount

HEALTH & BEAUTY

Culpepper Herbal Health Centre

236d Fulham Road SW10
Tel: 020 7352 5603
10 per cent off Culpepper products, some reduced price treatments

Du Nouveau Salon

270 Fulham Road SW10
Tel: 020 7349 8275
20 per cent off hairdressing and beauty services

Ginger Group Hair Innovations

(Fulham Branch only)
445 North End Road SW6
Tel: 020 7381 5777
10 per cent discount Mon-Fri

James Hull Associates - dentist and hygienist

242 Fulham Road SW10
Tel: 020 7376 3330
10 per cent discount off regular procedures (excl. specialist, cosmetic and technician treatments)

Hair Razer (barber)

258A Fulham Road SW10
Tel: 020 7351 0777
£15 for a cut & blow dry Mon-Fri

Hari's Hairdressers

305 Brompton Cross SW3
Tel: 020 7581 5211
10 per cent off all normal services Mon-Thu; Mon-Wed £15 for colouring; Tue free hair cuts at 4pm (Must book as a model)

Headmasters Hairdressers

Fulham 020 7371 7939, Putney 020 8780 5555, Wimbledon 020 8947 5034
25 per cent discount, Mon-Fri, 9am - 5.30pm. Must quote company partnership scheme when booking

L'Occitane

67 King's Road SW3
Tel: 020 7823 4555
10 per cent discount

Mahogany Hairdressers

17 St George Street, Hanover Sq, W15
Tel: 020 7629 3121
25 per cent discount Mon-Fri

Mr B Hairdressers

360 Fulham Road SW10
Tel: 020 7352 9410
20 per cent off, Mon-Fri, 10am-6pm

Naya Hairdressers

260 Fulham Road SW10
Tel: 020 7376 3682
10 per cent discount on cut and blow dry

Purity Mind & Body – Health and Beauty Spa

London Hilton on Park Lane
22 Park Lane W1K 1BE
Tel: 020 72084080
www.puritymindandbody.co.uk
25 per cent discount off treatments

Saks Hair and Beauty

David Lloyd Centre, Fulham
Broadway Centre, SW6
Tel: 020 7385 2474
20 per cent discount

Teamwork Hair and Beauty Room

220 Battersea Park Road SW11
Tel: 020 7622 9034
10 per cent discount 9am-5pm, Mon-Fri

Toni&Guy Hairdressing

(Fulham branch)
10 Fulham Broadway SW6
Tel: 020 7386 9977
20 per cent discount on colouring, cutting and blow drying, Mon-Fri 10am - 4pm

SPORT & LEISURE

Chelsea Sports Centre

Chelsea Manor Street SW3
Tel: 020 7352 9006
Discount membership, tel. Zeena

David Lloyd Leisure

Fulham Broadway Retail Centre, Unit 24, SW6
Tel: 020 7386 2200
No membership joining fee and nationwide membership

Fitness First (South Ken. only)

29 - 37 Harrington Road, Petersham House, SW7
Tel: 020 7590 5000
75 per cent discount off membership fee, tel William/Aneel

Virgin Active

188a Fulham Road SW10
Tel: 020 7352 9452
Discount membership offer. For a tour or complimentary day pass, tel or email Annie at Annie.fontaine@virginactive.co.uk

Osteopathic Consultations

The Chelsea Practice
186 Fulham Road
Tel: 020 7376 7649
25 per cent discount, Wed - Fri and every 2nd Sat of month

Pure Massage

35 Vanston Place SW6
Tel: 020 7381 8100
10 per cent discount on massages, Mon-Fri before 7pm

Sweatshop

188 Fulham Road SW10
Tel: 020 7351 4421
10 per cent discount

Wimbledon Rackets & Fitness Club

Cranbrook Road SW19
Tel: 020 8947 5806
www.wimbledonclub.co.uk
50 per cent off joining fee

LIFESTYLE

Crest Jewellers Ltd

36 Strutton Ground SW1P
Tel: 020 7222 6019
10 per cent off items up to £75; 20 per cent off items £75-£500; 25 per cent off items over £500

Odeon Cinemas (Kensington branch only)

263 Kensington High Street
Tel: 020 7602 5491
Tickets reduced to £7.50 (Mon-Fri, Sat late night)

Vue Cinemas (Fulham only)

Fulham Broadway Retail Centre, SW6
Tel: 020 7385 2344
Tickets £5.70 before 5pm, Mon-Fri; £5.90 at other times.

You will need to show your hospital ID to qualify for discounts. Contact Jeanette Albert, Public Relations Assistant with any comments you have about these staff discounts on ext 6829 or email jeanette.albert@chelwest.nhs.uk

News in brief

Diversity Awareness Week

A series of events are being held in the Trust to mark Diversity Awareness Week which runs from February 11-15. See publicity nearer the time for more details.

Flu vaccination clinics

All staff can access walk-in flu vaccination clinics in Occupational Health every Monday 9am-12 noon and every Friday 1.30-4.30pm. No appointment necessary.

Friends Christmas cards

Christmas cards in aid of the Friends of the Chelsea and Westminster Hospital are on sale. There are three different styles and cards cost £2.50 for a pack of ten.

Sexual health clinic featured on national website

The John Hunter Clinic for Sexual Health Clinic is now included on TheSite.org, a website for young adults which is run by registered charity YouthNet UK.

A 'virtual tour' of the clinic aims to let young people know what to expect when they access sexual health services. Staff nurses Vikki Finch and Edith John, who both work in the John Hunter Clinic, are featured in the short film for the website which is targeted at 16 to 24-year-olds.

US professor speaks at Trust

■ Professor Priya Jamidar (front row, 3rd right) pictured with Dr Bobby Prasad (front row, 2nd right) and other Trust staff.

Professor Priya Jamidar, Director of Endoscopy at the world famous Yale University School of Medicine in the US, was the guest speaker at an event organised by Consultant Gastroenterologist Dr Bobby Prasad in November.

He gave a presentation about Natural Orifice



Transluminal Endoscopic Surgery (NOTES) in the

Mansfield Seminar Room in the St Stephen's Centre.

Partnership approach to emergency planning

Our first Inter-Agency Liaison Emergency Planning meeting took place in November.

Chelsea and Westminster emergency planning key staff are pictured with representatives of the London Ambulance Service,

London Fire Brigade, Metropolitan Police, London Transport Police, Royal National Lifeboat Institution, Central and North West London NHS Foundation Trust, Hammersmith & Fulham PCT, Kensington & Chelsea

PCT, the Royal Borough of Kensington and Chelsea, and partner hospitals the Lister, Cromwell and the Royal Brompton.

All NHS trusts are required to work with their partners in relation to major incident, business continuity and pandemic influenza plans – a key objective to meet Healthcare Commission Standards and the Civil Contingencies Act – but only a few trusts have approached these challenges in a dedicated forum.



Hospital hygiene improved

Standards of cleanliness in the hospital have improved over the last 12 months, according to the latest Patient Environment Action Team (PEAT) data.

Figures published by the National Patient Safety Agency in November show that cleanliness standards at Chelsea and Westminster are officially 'Good' – they were only 'Acceptable' at the same time last year.

Hospital food standards continue to be ranked as 'Good' which is the rating as in 2006.

You can find out more about our PEAT score at www.npsa.nhs.uk.

Do you have a story for Trust News?

It might be something interesting, exciting or remarkable that a colleague is doing.

Perhaps you are particularly proud of an achievement that your team has worked hard for. It might be a change in your services or facilities or a message that you need to communicate to colleagues.

Whatever your news, we want to hear from you – call Jeanette Albert on ext 6829 or Matt Akid on ext 6828.

Edith signs off

Edith Barker is wished all the very best on her retirement from nursing by all her friends and colleagues on the Chelsea Wing.

She has been a very valuable member of the Chelsea Wing team and she will be greatly missed for her laughter, her high standard of care, and her dedication.

Edith started working at St Stephen's Hospital in 1975, when she started her training as an enrolled nurse, and she continued to work there until the closure of the hospital in

1989. She was redeployed to Westminster Hospital where she worked until returning to the brand new Chelsea and Westminster Hospital when it opened in 1993.

After completing her conversion course to become a registered nurse, Edith worked on the orthopaedic wards before coming to the Chelsea Wing.



■ *Edith Barker (2nd right) marks her retirement from nursing with Chelsea Wing colleagues Ronnie Clynych (Staff Nurse), Juan McEvoy (Healthcare Assistant), Elona Ledgister (Acting Sister), Maria Villafania (Senior Staff Nurse) and Patricia Asabre (Staff Nurse)*

Sarah and Becky jump to it

Sarah Perides and Becky Peto, staff nurses on the Trust's Paediatric High Dependency Unit (HDU), will be jumping out of a plane in March to raise money for a new ventilation machine to use on their unit.

The current HDU ventilation machine is only for babies and so Sarah and Becky hope to raise £4,000 to purchase a much-needed piece of new equipment.

A post-Christmas fundraising party will also be held at the Fulham Bar and Eating House on Fulham Road on January 25 when the Whybirds will perform live and there will be a charity auction and raffle with signed rugby and football shirts up for grabs.

To purchase your £5 charity party tickets, you can contact HDU on ext 8879. To sponsor Becky or Sarah, please go to www.justgiving.com/paediatricventilator.

Supervisors of Midwives



■ *Members of the 13-strong Supervisors of Midwives team - Suzy Chanquion, Fiona Walkinshaw, Yan Choo, Yvonne Insh, Andrea Philip, Gillian Meldrum and Wendy Allen*

The 13-strong supervisors of midwives team at Chelsea and Westminster are available 24 hours a day via a bleep system 08700555500 on pager 813408 to offer support and advice on professional and safety issues to both midwives and women using maternity services.

Drop-in supervisory sessions are provided by the team on the second Wednesday of every month following the case presentation meeting. New recruits to the Trust have protected study days to attend supervision sessions for six months after appointment.

For any queries regarding midwifery supervision, please contact a member of the team or see www.midwife.org.uk.

Nurses attend State Opening of Parliament



Assistant Directors of Nursing Sue Riley (left) and Melanie van Limborgh represented the Trust in an official capacity when they attended the State Opening of Parliament on November 6, together with Dr Suveer Singh.

Rosie passes with flying colours

Congratulations to Emergency Nurse Practitioner Rosie Sutton who has received the highest pass mark ever for her Advanced Nurse Practitioner Masters portfolio – 95% for a 25,000-word clinical project.

Her portfolio was a combination of patient case studies, reflective extracts based on patients seen, research findings, and reports by colleagues.

Rosie still has another year before she completes the MSc at South Bank University's Royal College of Nursing Institute. She has received her Advanced Nurse Practitioner Post Graduate Diploma as she has completed the initial two-year professional qualification.

Rosie said: "The Advanced

Nurse Practitioner course is really challenging and I would recommend it highly. We are trained to practise at an advanced level and the course uses a problem-based learning approach to teach you how to tackle clinical scenarios in teams.

"We have access to the Anatomy Laboratory at Guy's Hospital which is fascinating and we cover how to strategically plan health services. Guest speakers include nurses who work at an international level which is



■ **Rosie Sutton**

a great honour."

Rosie, who has worked as a nurse for seven years, joined the Trust in March 2005.

See www.lbsu.ac.uk for more information on the Advanced Nurse Practitioner Masters.

Jupiter Ward praised by nursing lecturers

Congratulations to staff working on Jupiter Ward, the hospital's adolescent unit, which has been praised as a 'brilliant' placement for nursing students by lecturers from our academic partner Thames Valley University.

Elaine Mills, paediatric unit link lecturer, writing in the university's *MentorPress* publication for mentors, lecturers and nursing students, said: "This placement is the only specified adolescent unit that is available to child health (paediatric nursing) students. The staff on the ward are totally committed to adolescent health and offering a learning opportunity to students.

"Students are allocated a qualified and supportive mentor prior to arrival and there is teaching on an informal and formal level each week from the ward manager and all staff, including medical staff.

"Support is always on hand from the ward manager and her staff in a practical, professional and good humoured manner which the students find reassuring and encouraging. They are made to feel part of the ward team from day one."

Melanie Guinan, until recently the ward manager on Jupiter before her promotion to Modern Matron for paediatric outpatient services, said that Thames Valley University's ringing endorsement of the ward was a real boost for staff.

Nurse Consultant speaks at international meeting

Andrea Blay, Critical Care Nurse Consultant, presented at the first international meeting of the Society for Acute Medicine in Glasgow.

She spoke about the identification and treatment of sick patients, having been invited to speak by Professor Derek Bell, Professor of Acute Medicine based at Chelsea and Westminster.

Professor Bell was the inaugural president of the Society for Acute Medicine and also a member of the organising committee for the successful meeting.

More than 600 doctors, nurses and allied health professionals attended the event to learn, share and reflect on the challenges that delivering a modern acute medical service presents.

Trust staff including members of the critical care outreach team, Acute Medical Unit nurses and doctors, attended the conference to make it a



■ **Andrea Blay (third on the right) and Professor Derek Bell (left) with staff who attended the Society for Acute Medicine meeting**

truly multi-disciplinary event which supported team building.

A lecture was given by Professor Graham Teasdale who pioneered the development of the Glasgow Coma Scale in the 1970s, which is still used today to assess neurological response.

Camille Hair Design

2nd Floor, Lift Bank D

Opening hours:

Tue-Fri 9.30am - 5.30pm

Saturday 10am - 4pm

Evening appointments by prior arrangement

10% discount to staff upon production of valid ID badge

Call ext 8681 or 020 8746 8681 if calling from outside the hospital

Christmas 2007

PROGRAMME

Alex Vydelingum, Pianist-In-Residence

Every Monday, 1pm to 2pm
Ground Floor Café

Friends Christmas Fair

Wed 28 Nov, 10am to 3pm
The Mall, Ground Floor

Walton Street Christmas Event

Sun 2 Dec, 6am to 10pm
Walton Street, Knightsbridge, SW3

Walton Street Association has organised a festive day for all of the family where Walton Street and adjoining junctions will be transformed and closed to traffic—there will be food stalls, opera and carol singers, Father Christmas and his reindeers, and stilt walkers to name a few of the activities—10% of the takings from all local shops will go towards Over The Wall Children's Charity.

EllisHelen Eh Lifestyle Shop Staff Offer

During the Walton Street Christmas Event, EllisHelen Eh Lifestyle Shop, based at 75 Walton Street, SW3 are offering all staff who present their staff ID a 10% discount on all their contemporary lifestyle gift items. If you spend more than £100 on the day, you can receive a free blow dry worth £35 on top of your 10% discount. Mince pies and mulled wine will be served throughout the day.

A Festival of Carols with conQordia

Tue 4 Dec, 6:45pm
Holy Trinity Church, Sloane Street, SW1

The Friends of the Chelsea & Westminster Hospital join together with The Friends of the Royal Brompton Hospital and The Friends of the Royal Marsden Hospital. Special guest speakers and guest choir from Redcliffe School. Tickets priced £10, including mince pies and wine—all proceeds to be divided between the three Leagues of Friends.

Please contact **The Friends of the Chelsea & Westminster Hospital** on 020 8746 8825 or by email at lynne.frankland@chelwest.nhs.uk (or Friends Office on staff email) to order your tickets.

Katy Elman, Marimba

Thu 6 Dec, 1pm to 1:45pm
Ground Floor Atrium, Lift Bank B

Music by Rimsky Korsakov and Bizet.

Iroko Drummers

Mon 10 Dec, 1:30pm
St Stephen's Chapel, First Floor, Lift Bank C

Parliamentary Carol Service

Wed 12 Dec, 6pm to 7pm
St Margaret's Church, Westminster Abbey, SW1

In aid of the Westminster Medical School Research Trust. Admission by free ticket only, maximum of 4 tickets per person.

Please apply for tickets by Wednesday 5 December, giving the full name and addresses of all those who wish to attend, enclosing a stamped addressed envelope to: Mrs V Gunnery, Westminster Medical School Research Trust at Chelsea and Westminster Hospital, 369 Fulham Road, London, SW10 9NH (Tel: 020 8746 8311).

Westminster Cathedral Choir School

Thu 13 Dec, 1pm to 1:30pm
Ground Floor Atrium, Lift Bank B

Hospital Christmas Carol Service

Tue 18 Dec, 4pm
St Stephen's Chapel, First Floor, Lift Bank C

Christingle Service

Wed 19 Dec, 10am
St Stephen's Chapel, First Floor, Lift Bank C

Holy Communion Service

Sun 23 Dec
St Stephen's Chapel, First Floor, Lift Bank C
10am: Holy Communion; 11am: Mass

Christmas Day Services

Tue 25 Dec
St Stephen's Chapel, First Floor, Lift Bank C
10am: Holy Communion; 11am: Mass

New Year Services

Sun 30 Dec
St Stephen's Chapel, First Floor, Lift Bank C
10am: Holy Communion; 11am: Mass

Chelsea and Westminster Hospital 
NHS Foundation Trust

Trust News is written and produced by the Communications Department of Chelsea and Westminster Hospital, 369 Fulham Road, London SW10. Tel 020 8846 6828/6829